

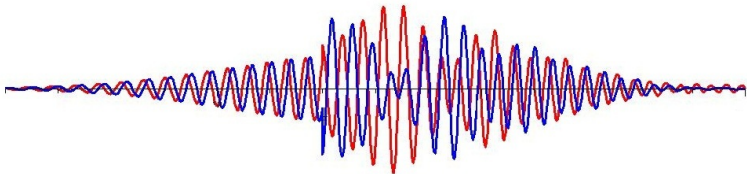
# Would Schrödinger's Cat Have Collapsed Its Own Wavefunction?

A Search For Gravitational Decoherence

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# Why suspect a loss of coherence due to gravity?

- In the 50's, Feynman pointed out that quantum fluctuations of spacetime itself should affect the coherence of a system
- Standard quantum superpositions assume a fixed background spacetime, though an ambiguity arises if we take into account general relativity: the superposed states can correspond to arbitrarily different spacetimes!
- Penrose has been arguing since the 80's that this ambiguity leads to an instability of superpositions, characterized by a decay time that is inversely proportional to the difference in the (loosely-defined) gravitational self-energies:

$$\Delta t \simeq \hbar/E_{\Delta}, \quad E_{\Delta} \sim \int d^3x (\vec{g} - \vec{g}')^2$$

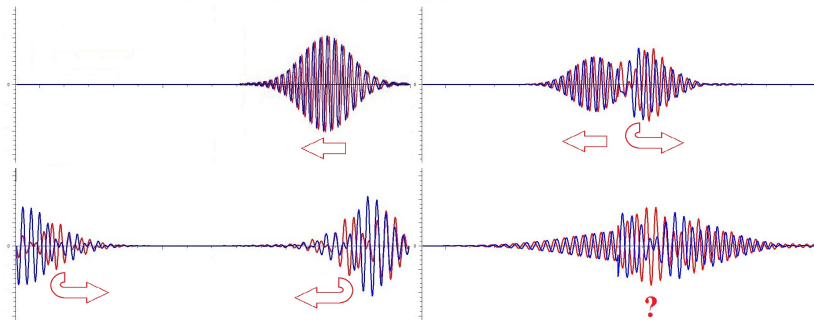
# How can we show that general relativistic effects lead to a loss of quantum coherence?

- Ideally, we would like to quantize a fully general relativistic interferometer, and compare the possible coherence of the interferometer with that of the same type of interferometer in flat spacetime (easier said than done)
- We will consider a simple general relativistic model of a spherical thin-shell, use it to construct an analog of a Michelson interferometer
- The resulting interferometer can be analyzed with WKB modes in an optics-inspired approximation

# Self-Gravitating Spherical Thin-Shell Interferometers

- In the minisuperspace approach, the shell radius  $X(t)$  becomes the only physical degree of freedom
- A wavefunction can be defined for this degree of freedom, and we can build our interferometer by splitting and recombining travelling wave-packets

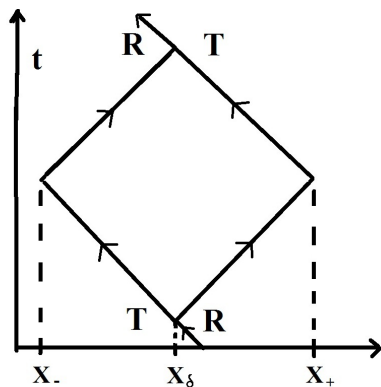
## Sample Wavepacket Splitting (in the Newtonian Limit)



The blue curve is the real part of the shell wavefunction (as a function of  $X$  at successive values of  $t$ ), while the red curve is the imaginary part

# Interferometer Setup

- In flat spacetime, destructive interference in the final outgoing path can be made complete, which corresponds to full final transmission



- Our interferometer has two reflectors (at  $X_-$  and  $X_+$ ), and a 'half-silvered mirror' somewhere in between (at  $X_\delta$ )
- The effective beam-splitter has (mode-dependent) reflection and transmission coefficients  $R$  and  $T$ , respectively
- Our initial state will be ingoing, and localized just outside the splitter

# Coherence and Probability Currents in the $\hbar \rightarrow 0$ Limit

- We seek to quantify coherence in our system by considering the final transmission coefficient,  $T_f = \left| \frac{J_f}{J_i} \right|$ , with  $J$  being the probability current. The continuity equation for probability is given by

$$\frac{\partial}{\partial t} (\|\psi\|^2) + \frac{\partial}{\partial X} J = 0$$

- In the  $\hbar \rightarrow 0$  limit, we may approximate our Hamiltonian by

$$H \sim H_0 + \left( \frac{\partial H}{\partial P} \right) P + \frac{1}{2} \left( \frac{\partial^2 H}{\partial P^2} \right) P^2 + \mathcal{O}(P^3)$$

This leads to a conserved probability current of the form

$$J \sim \left( \frac{\partial H}{\partial P} \right) \|\psi\|^2 + \frac{1}{2i} \left( \frac{\partial^2 H}{\partial P^2} \right) (\psi^* \psi' - \psi \psi^{*'})$$

(Here derivatives are evaluated at  $P = 0$ )

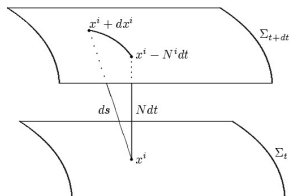
# Now all we need is a general-relativistic Hamiltonian!

- There once was a classical theory..

$$I = \frac{1}{16\pi G} \int d^4x \sqrt{-g} \mathcal{R} + I_s$$

- Spacetime Metric in ADM (3+1) Form

$$g_{\mu\nu} dx^\mu dx^\nu = -N^2 dt^2 + g_{rr} (dr + N^r dt)^2 + g_{\theta\theta} d\Omega^2$$



- The shell action resembles that of a relativistic particle, but with a nonconstant mass:

$$I_s = - \int d\lambda \sqrt{\left| g_{\mu\nu} \frac{dx^\mu}{d\lambda} \frac{dx^\nu}{d\lambda} \right|} M(\chi)$$

- The density and pressure are parametrized by  $M(\chi)$ , for  $\chi = \sqrt{g_{\theta\theta}}$ :

$$\sigma = M(\chi)/4\pi\chi^2, \quad p = -M'(\chi)/8\pi\chi$$

# Hamiltonian Reduction and Coordinate Choices

- Since there are 2 constraints and 2 gravitational variables, we can solve the constraints and eliminate the gravitational degrees of freedom altogether, leaving a reduced action that depends only on the shell degree of freedom  $X(t)$
- To reduce the system, we must impose coordinate conditions. We will choose coordinates that resemble flat-slice (Painlevé-Gullstrand)

$$g_{rr} = 1, \quad g_{\theta\theta} = r^2$$

- Strictly speaking, we must include a deformation region in  $g_{\theta\theta}$  near the shell, to satisfy the constraints
- Connection between our time and Schwarzschild time (at the shell):

$$t_s = t - 2\sqrt{2XE} + 2E \ln \left( \frac{1 + \sqrt{\frac{2E}{X}}}{1 - \sqrt{\frac{2E}{X}}} \right)$$



# Reduced Action in terms of an implicit Hamiltonian

- Because of gravitational contributions to the action, there is a new canonical momentum for the reduced system:

$$P_c = -\sqrt{2HX} - X \ln \left( \frac{X + \beta - \sqrt{2HX}}{X} \right)$$
$$\beta = \frac{H - \frac{\hat{M}^2}{2X} \mp \sqrt{\left(H - \frac{\hat{M}^2}{2X}\right)^2 - \hat{M}^2 \left(1 - \frac{2H}{X}\right)}}{1 + \sqrt{\frac{2H}{X}}}$$

Here,  $\hat{M} \equiv M(\chi$  (evaluated on the shell))  $\equiv M(X)$  (in our coordinates)

- This gives us the reduced action, and the Hamiltonian  $H$  is defined implicitly by the equation  $P_c = P_c(H, X)$

$$I_{reduced} = \int dt \left( P_c \dot{X} - H \right)$$

# Weak-Field Asymptotics

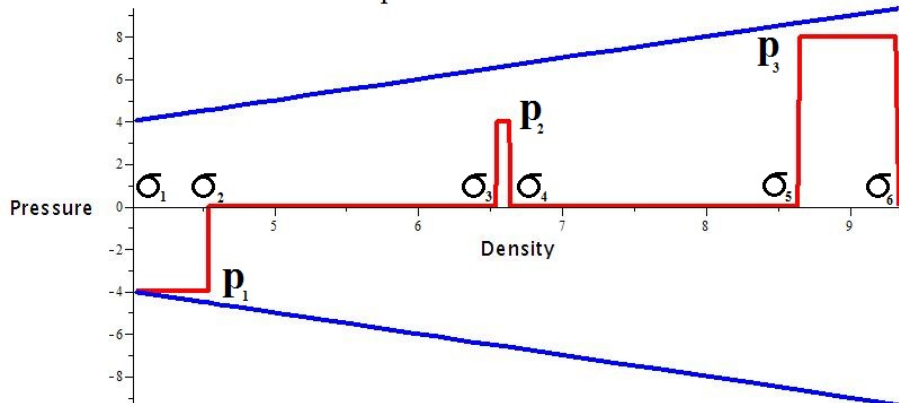
- The reduced phase space is defined by an expression for the canonical momentum as a function of the Hamiltonian and the shell radius
- Finding the Hamiltonian as a function of  $X$  and  $P_c$  involves solving a transcendental equation
- We expect to see effects in the weak-field as well, so as well as working in the semiclassical limit ( $\hbar \rightarrow 0$ ) we will take  $G \rightarrow 0$  and work perturbatively:

$$H_0 \sim \hat{M} - \frac{\hat{M}^2}{18X}, \quad \left(\frac{\partial H}{\partial P}\right) \sim -\frac{2}{3}\sqrt{\frac{2\hat{M}}{X}}, \quad \left(\frac{\partial^2 H}{\partial P^2}\right) \sim \frac{1}{\hat{M}} + \frac{2}{3X}$$

- So we have an explicit Hamiltonian to work with, as well as a conserved probability current. Now, what function  $\hat{M} = M(X)$  will describe our interferometer?

# Equation of State for Interferometry

## Equation of State



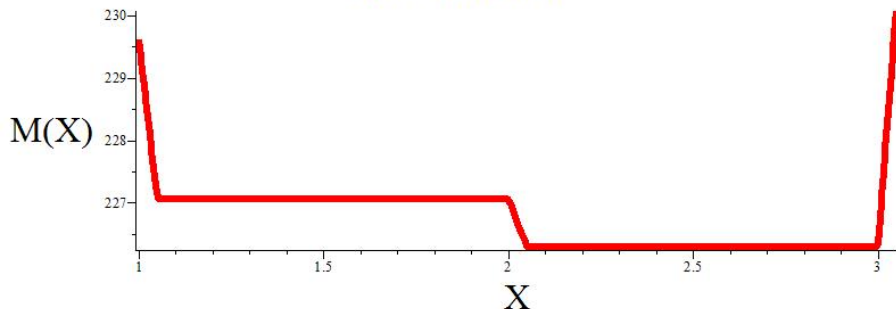
$$p = p_1 (\Theta(\sigma - \sigma_1) - \Theta(\sigma - \sigma_2)) + p_2 (\Theta(\sigma - \sigma_3) - \Theta(\sigma - \sigma_4)) \\ + p_3 (\Theta(\sigma - \sigma_5) - \Theta(\sigma - \sigma_6))$$

# Mass Function Parametrization

$$\hat{M} \equiv M(X) = M_0 + 4\pi \sum_i \tilde{p}_i (X_i^2 - X^2) \Theta(X - X_i)$$

$$\tilde{p}_2 = -\tilde{p}_1 = p_1 < 0, \tilde{p}_4 = -\tilde{p}_3 = p_2 > 0, \tilde{p}_6 = -\tilde{p}_5 = p_3 > 0$$

## Mass Function



$$\sigma = M(X)/4\pi X^2, \quad p = -M'(X)/8\pi X$$

# Quantum State Preparation

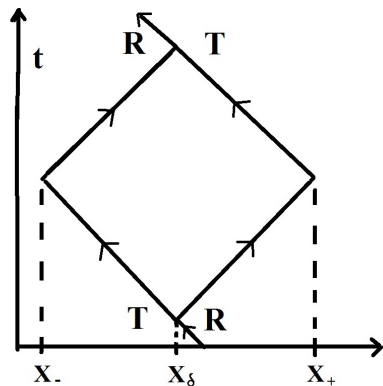
- With our interferometer setup complete, we can form an initial wave-packet and propagate it through the system
- Rather than solve the full eigenvalue problem, let us make use of WKB modes and a continuous-spectrum approximation:

$$\psi_0(X) \approx \int N e^{-\frac{(E-E_0)^2}{4\sigma_E^2}} e^{i \int P_- dX} dE$$

- This integral can be evaluated if the ingoing WKB phase is linearized in energy. Because of square-roots, the resulting function of  $X$  is difficult to localize..

# Mode-by-mode Propagation through the Interferometer

- As long as the width of our wave-packet is much less than the distance between optics, we may treat each component separately



- The initial splitting involves reflection and transmission coefficients given by
$$R_{\leftarrow} = \frac{P_{-+} - P_{--}}{P_{--} - P_{++}}, T = \frac{P_{-+} - P_{++}}{P_{--} - P_{++}}$$
- Each arm segment picks up a factor  $e^{i \int P_{\pm} dx}$
- The recombination leading to our desired output involves the same  $T$ , and  $R_{\rightarrow} = -R_{\leftarrow}$

# Single-Mode Results

- Approximate Probability Current

$$J \sim \frac{1}{2\hat{M}i} (\psi^* \psi' - \psi \psi'^*) \left( 1 + \frac{2\hat{M}}{3X} \right) - \frac{2}{3} \sqrt{\frac{2\hat{M}}{X}} \|\psi\|^2$$

- Initial state/current:

$$\psi_i = A, \quad J_i \sim |A|^2 \left[ \frac{P_{-+}}{M_+} \left( 1 + \frac{2M_+}{3X_\delta} \right) - \frac{2}{3} \sqrt{\frac{2M_+}{X_\delta}} \right]$$

- Final current:

$$J_f \sim 4|A|^2 R^2 T^2 \left[ \frac{(P_{+-} + P_{-+})}{2M_-} \left( 1 + \frac{2M_-}{3X_\delta} \right) - \frac{2}{3} \sqrt{\frac{2M_-}{X_\delta}} \right] \sin^2 \omega$$

$$\omega \equiv \left( \int_{X_-}^{X_\delta} - \int_{X_\delta}^{X_+} \right) \left( \frac{P_+ - P_-}{2} \right)$$

# Optimizing the Final Transmission

- Keeping the multi-mode problem in mind, let us tune the outer arm length  $L_+ \equiv X_+ - X_\delta$  such that the travel times are classically the same (for the peak energy  $E_0$ )
- We can then tune  $M_+$  so that the oscillatory term is optimized, for a given  $M_-$  and peak energy  $E_0$
- In flat spacetime, these conditions imply

$$L_+ = L_- \sqrt{\frac{E_0^2 - M_+^2}{E_0^2 - M_-^2}} > L_-$$

$$L_- \sqrt{E_0^2 - M_-^2} - L_+ \sqrt{E_0^2 - M_+^2} = \left(n + \frac{1}{2}\right) \pi, \quad n \in \mathbb{Z}$$

- For the multi-mode problem, we can also tune the inner arm length  $L_-$  so that the propagation time through the system is less than the coherence time of the wave-packet ( $\sim 1/\sigma_E$ )



# Tuning the Multi-Mode System

- The amplitude multiplying the oscillatory term in the single-mode transmission ( $T_f$ ) can be optimized by tuning  $E_0$
- This can produce complete final transmission ( $T_f = 1$ ) for single modes, yielding no evidence of decoherence
- However, the single-mode tuning guides our multi-mode analysis; for instance, the wave-packet width  $\sigma_E$  should be chosen such that  $E \rightarrow E_0 + \delta E$  produces a minimal reduction of the optimized amplitude, for  $\delta E \sim \sigma_E$
- Remaining freedom (i.e. choice of  $X_-$ ,  $M_-$ ) can be used to further optimize both the oscillatory term and its amplitude
- For wave-packets, the structure of  $T_f$  is considerably more complicated! Further analysis is still required to determine whether this system exhibits evidence of gravitational decoherence

- We are currently finishing up the analysis for wave-packets made of general-relativistic WKB modes
- To check coordinate dependence of the results, the analysis is also being performed with a one-parameter family of similar coordinates
- Still, important questions remain: is either the reduced phase space or the WKB approximation throwing out the baby with the bathwater?
- Thanks to Bill Unruh for guidance, NSERC for financial support, and Friedemann Queser for fruitful discussions